



MIX MASTER

Interior designer **Chiara de Rege**, the aesthetic force behind The Wing and Carolina Herrera's New York flagship, embraces the old and the new



TRAVEL & ENTERTAINMENT

Listening to: Liz Goldwyn's *The Sex Ed.*
Desert island books: John Steinbeck's *East of Eden* and James Salter's *Light Years* (2).

Vacation spot: My family home in Piemonte, Italy (9). We donated half of it to the Italian National Trust and live in the other half.

Plane must-haves: Cashmere blanket and eye set, Tata Harper's Resurfacing Mask, and Shiva Rose's Glow Face Balm.

HOME
Architectural styles: I know this is a contradiction, but I am drawn to both beaux arts and 1930s.



And I cannot imagine a world without modern architects such as Le Corbusier, Philip Johnson, Mies van der Rohe, and Oscar Niemeyer (13).

Furniture: Cristina Celestino's furniture, tiles, carpet, wallpaper, lighting—she's a renaissance woman.

Career idol: Madeleine Castaing (6).



Recent addition: Maison C fabrics, adapted from the wallpaper line I cofounded with the artist Costanza Theodoli-Braschi (5).
In bed: I love Olatz pajamas (3) and D. Porthault bedding (1).
Flora: Bodega flowers arranged in vessels from antique stores upstate (7).
Candle: Diptyque



Feu de Bois (11).
Dish set: Wes Gordon's Carolina Herrera tabletop line with Cabana (12).
Four-legged friend: My 17-year-old Chihuahua, Klaus. He is a grumpy old man but my first baby and love of my life.

STYLE & WELLNESS
Perpetually worn accessory: My nonna's wedding band (10) and FoundRae charms.
Go-to shoe: Sneakers from my baby daddy (currently Off-White Nikes), Gucci loafers,

or Le Monde Beryl slippers (4).
Supplements: Wooden Spoon Super Green Protein and anything Dr. Gabrielle Francis at the Herban Alchemist tells me to take!
Workout: Walking through Central Park and Ballet Beautiful with Mary Helen Bowers.

DINING
Morning beverage: Bulletproof espresso before I take my daughter to school.
Indulgence: Daily croissant (8).
Restaurant: Sushi of Gari on the Upper East or Upper West Side.

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